#### LYME DISEASE IN CHILDREN AND ADOLESCENTS

#### **IDENTIFYING IT IN THE SCHOOLS**

How might a child or adolescent with undiagnosed Lyme Disease present to:

### **The Teacher**

Lethargy, fatigue Declining school attendance

Moodiness, depression, anxiety Missing classes, particularly early in the day

Withdrawal from peers Erratic academic performance

Headaches Declining grades

Other physical complaints Attentional problems

Behavioral problems

Difficulty with speech and writing

Poor concentration and memory

Difficulty remaining in class

## **The School Nurse**

Frequent headaches

Joint pain, twitching

Dizziness

Sleep disturbance

Sensitivity to sound, light
or other stimulation

Gastrointestinal problems

Fatigue

Mood swings

Depression

Anxiety

Severe PMS

Disorientation

Vision problems

# **The Guidance Counselor**

Difficulty maintaining a Decline in academic performance, full schedule over a short or long period of time

Erratic pattern of attendance Persistent lateness
Difficulty remaining in class Withdrawal from peers

Behavior problems Change to lower functioning peer group

Note: Lyme disease symptoms may persist, or they may come and go.

Sandy Berenbaum, CSW-R, BCD Family Connections Center for Counseling Wappingers Falls, NY